

Treatwell Reviews

Carol

I have had many back & neck massages from Karen & the experiences have always been great. This time I had a reflexology from her, my first. She explained all of the areas that correspond to the areas in the body. I knew when she was giving me the treatment she knew exactly w... [Show more](#)
24/07/2023Employee: Karen Freed

Karen Freed replied

Thank you Carol for taking the time to leave your in depth review - it really helps others understand how the treatment will help them. Glad you enjoyed the treatment. See you again soon. K

Kathleen

Had a most relaxing massage by Karen who was very knowledgeable too. Would happily recommend her and will go again
03/07/2023Employee: Karen Freed

Karen Freed replied

Thank you Kathleen for taking the time to write a review. It is much appreciated and hope to see you again soon. Karen

Jane

07/05/2023Employee: Karen Freed

Karen Freed replied

Thank you Jane

Fran

07/02/2023Employee: Karen Freed

Karen Freed replied

Thank you Fran

L

Felt so much better thanks to Karen's expertise. Really appreciated all her very helpful information , reassurances. Thank you Karen
06/02/2023Employee: Karen Freed

Karen Freed replied

Thank you Lesley for your kind comments. Looking forward to seeing you again. K

Hana

Karen always sorts me out. She is a great therapist, one of the best I've seen/experienced so far. Thank you!
23/01/2023Employee: Karen Freed

Karen Freed replied

Lovely to see you again Hana - thank you for your kind review. K

Carol

Karen is exceptionally good at her work. She provides an excellent deep tissue massage on my back & neck which eases away any pains that I may have had at the beginning of the session. She has a broad wealth of knowledge about general health issues & the structure of the bod... [Show more](#)

30/11/2022Employee: Karen Freed

Karen Freed replied

Thank you for your detailed review Carol - it is very much appreciated and look forward to seeing you again soon. K

Hana

11/11/2022Employee: Karen Freed

Karen Freed replied

Thank you for your review Hana. K

Angela

Karen gave me a fantastic reflexology. Highly recommended as I felt like I was walking on air afterwards! I feel so relaxed.

15/10/2022Employee: Karen Freed

Karen Freed replied

Thank you Angie for your review about your reflexology treatment. K

Hana

Thank you for the bespoke treatment, I slept well and feel recharged.

14/10/2022Employee: Karen Freed

Karen Freed replied

Is a pleasure Hana - glad you found the treatment useful. K

Anonymous

24/09/2022Employee: Karen Freed

Karen Freed replied

Thank you for your review.

Katherine

Karen is knowledgeable, considerate and very talented. She knows a huge amount about the body and my session as well as being hugely relaxing was also informative. I took away a number of action points which i will incorporate into my daily life and I look forward to the nex... [Show more](#)

23/09/2022Employee: Karen Freed

Karen Freed replied

It was lovely to meet you Kat and I am glad you found the Reflexology treatment beneficial. Thank you for taking the time to write a review - it is much appreciated and I look forward to seeing you again in the treatment room soon. K

Sue

09/09/2022Employee: Karen Freed

Karen Freed replied

Thank you Sue

Emma

Karen is one of those people who instantly puts you at ease. She listened to my problems and offered to tailor the session to treat my sore shoulder. By the time I left I felt like I had a new back! She is obviously very knowledgeable and experienced and my only regret is th... [Show more](#)

22/08/2022Employee: Karen Freed

Karen Freed replied

It was lovely to meet you Emma and I am glad the treatment was successful in treating your sore shoulder and back. Thank you for taking the time to do a review. K

Sue

Very relaxing treatment which helped with my health problems. Karen was a brilliant therapist. I'm looking forward to the next reflexology appointment with her.

20/08/2022Employee: Karen Freed

Karen Freed replied

Thank you Sue for taking the time to provide a review. I am very much forward to seeing you again in the treatment room too. K

Penelope

The treatment I received was great - everything was well-explained, there was a caring and yet professional atmosphere and I left feeling very much better and with a spring in my step! The feeling of wellness, plus the healing of an issue, has persisted over several days an... [Show more](#)

08/08/2022Employee: Karen Freed

Karen Freed replied

Many thanks for your review Penelope with lots of detail for others to see. So glad to be of help to you. K

Carol

Karen gives an exceptionally good back massage. Any pains I am struggling with she has the knowledge & experience to be able to work on those

problematical areas so that I am free from pain & discomfort. Thanks to regular treatments I have been free from nagging pains for se... [Show more](#)
05/08/2022Employee: Karen Freed

Karen Freed replied

Thank you Carol for your in-depth and very kind review. The details in your review really help others to understand how beneficial regular massage can be and that niggling aches and pains can be overcome. K

Angela

I've been having massage for over 30 years and came across Karen about a year ago. She is caring, considerate and excellent at what she does. She has given me deep tissue, hot stone and reflexology - every massage was fantastic! She listens to your aches and customises her t... [Show more](#)
31/07/2022Employee: Karen Freed

Karen Freed replied

Many thanks Angela for your in-depth review. It is very much appreciated. With best wishes. Karen

Hana

No sciatica problem anymore, thank so much, Karen.
12/07/2022Employee: Karen Freed

Karen Freed replied

So glad the treatment helped with your sciatica. Many thanks for your review Hana. K

Alex

I had probably the best massage I have ever had with Karen. She took the time to chat beforehand and to establish what would be the best treatment for me, and then delivered 100%. Thank you.
18/06/2022Employee: Karen Freed

Karen Freed replied

Thank you for taking the time to leave a review Alex. It was lovely to meet you and I am glad you enjoyed the relaxing massage. K

Hana

As always, Karen helped me a lot. I love her remedial hot stones.
18/04/2022Employee: Karen Freed

Karen Freed replied

Lovely to see you again Hana - so glad the hot stones treatment helped. thank you for taking the time to write a review. K

Susan

Karen is really thorough and cares about treating your specific needs. She listens to what you say and tailors her brilliant treatments accordingly. She is brilliant!

02/04/2022Employee: Karen Freed

Karen Freed replied

Thank you so much Susan for your very kind words. I am glad to be of help to you. K

Anonymous

Fantastic professional advice and treatment. Karen was wonderful and really attentive. Felt so much better for seeing her.

28/03/2022Employee: Karen Freed

Karen Freed replied

Thank you for your valuable feedback and review. It is much appreciated. K

Hana

21/02/2022Employee: Karen Freed

Karen Freed replied

Thank you Hana.

Amarjit

Karen made me feel so welcome. I was put at ease and had a fantastic Swedish massage. Manjeet

21/02/2022Employee: Karen Freed

Karen Freed replied

Thank you Manjeet for your review and it was lovely to meet you. K

Sue

I will advise you to experience message with Karen she takes away any pain anywhere in your body I had really unbearable pain in my right arm because of arthritis she messaged I had no pain next day and reflexology on my feet relaxed me totally walk faster I did thank her

20/02/2022Employee: Karen Freed

Karen Freed replied

I am so glad I helped release the pain in your right arm Sue and you are now walking faster and more confidently. Thank you for taking the time to leave a review. See you again soon. K

Hana

90 min Hot Stones Remedial treatment is fantastic. Also Deep Tissue is great. Karen is an accomplished therapist and I'm glad I found her. Strongly recommend.

19/02/2022Employee: Karen Freed

Karen Freed replied

Many thanks Hana for your very kind review. See you again soon. K

Guy

15/02/2022Employee: Karen Freed

Karen Freed replied

Thank you Guy. K

Leanne

This is the second time I have seen Karen and her massage was excellent. I will be going again soon

14/02/2022Employee: Karen Freed

Karen Freed replied

Thank you Leanne. See you again soon. K

Tom

02/01/2022Employee: Karen Freed

Karen Freed replied

Thank you Tom

Sue

19/11/2021Employee: Karen Freed

Karen Freed replied

Thanks Sue

Nick

Excellent service as usual .The attention to detail is always as comprehensive as ever .

19/10/2021Employee: Karen Freed

Karen Freed replied

Thank you Nick for taking the time to give a great review. Hope you found the treatment beneficial. K

Carol

Karen has well as giving me a very thorough deep tissue back neck & shoulders treatment has also been putting together a nutritional package for me to follow to improve my overall health. She has detailed lots of changes for me to follow & I have learnt so much about eating ... [Show more](#)

11/10/2021Employee: Karen Freed

Karen Freed replied

Thank you Carol for taking the time to leave a detailed and very positive review. It is much appreciated and very helpful to other potential clients. I am so glad to be of help to you and that you feel on a new pathway to better health. See you again soon. K

LEANNE

Karen was really lovely and very knowledgeable. The massage was blissfully relaxing and I have already booked my next one!

27/09/2021 Employee: Karen Freed

Karen Freed replied

Thank you Leanne.

Julie

My reflexology was very gentle at my request and totally blissful. I felt totally relaxed when I left and had more energy in the evening.

11/09/2021 Employee: Karen Freed

Karen Freed replied

Thank you for your lovely review Julie. So glad you enjoyed the treatment. See you again soon. K

Jackson

06/09/2021 Employee: Karen Freed

Karen Freed replied

Thank you Jamielee.

Carol

Karen provided a very deep level of accupressure which benefited me greatly. As I have several areas of tightness over my shoulders & lower back Karen spent a great deal of time ensuring that the very best was achieved during my session with her. She also allocated a fair am... [Show more](#)

04/09/2021 Employee: Karen Freed

Karen Freed replied

I am glad you found the treatment beneficial for your shoulders and lower back and the general nutritional advice of use too. Thank you for taking the time to leave a detailed review. See you again soon Carol.

Angela

Karen is a great masseur- one of the best I have come across. I recommend her.

04/09/2021 Employee: Karen Freed

Karen Freed replied

Thank you Angela for your very kind review. Hope to see you again before too long. K

Chris

03/09/2021 Employee: Karen Freed

Karen Freed replied

Thank you Chris.

Carol

I have been having acupressure sessions with Karen. She takes time to work on the areas that benefit me most taking into consideration my current health issues. She also shares advice on nutrition to promote general health awareness. She makes me feel comfortable & at ease t... [Show more](#)

31/07/2021Employee: Karen Freed

Karen Freed replied

Thank you Carol for your detailed and very kind review. It is much appreciated and helps others to understand what they might get from a session with me. K

Carol

23/07/2021Employee: Karen Freed

Karen Freed replied

Thank you Carol.

Chris

Thank you as always, Karen! Perfect massage :)

16/07/2021Employee: Karen Freed

Karen Freed replied

Thank you Chris for your great review. Glad you found the chair massage beneficial. See you again soon. K

Carol

My first visit & I was very impressed. Karen took the time to get every detail about my health & offered me lots of advise from her wealth of knowledge about health & nutrition. She made sure the treatment she gave me was the correct one for me. I felt complete at ease with ... [Show more](#)

10/07/2021Employee: Karen Freed

Karen Freed replied

It was great to meet you Carol and many thanks for your kind review. Looking forward to seeing you again soon. K

Angela

This was my second massage with Karen, brilliant experience!

28/06/2021Employee: Karen Freed

Karen Freed replied

Thank you Angela - glad you enjoyed the Hot Stones Massage. See you again soon. K

Jayne

I had the seated acupressure massage with bamboo sticks. Amazing! Great if you are sat at a computer all day. Karen was a dancer and is obviously very

knowledgeable about how the body works. She's great at giving advice about diet and nutrition. Highly recommended

27/05/2021 Employee: Karen Freed

Karen Freed replied

Thank you Jayne for your great review - looking forward to seeing you soon.
K

Angela

Excellent setup! I had my first massage with Karen Freed - definitely going back.

25/05/2021 Employee: Karen Freed

Karen Freed replied

Many thanks for your kind review Angela - Looking forward to seeing you again. K

Sue

I had good treatment relaxed me felt to normality a bit needed the meassage after 8 months after walked better credit goes to lovely friendly reflexology

Karen Freed

02/05/2021 Employee: Karen Freed

Karen Freed replied

Hi Sue. So glad you enjoyed the reflexology and found it helpful in restoring you to normality and helping you to walk better too. Looking forward to seeing you again in a month. Thank you for taking the time to leave a review.
Karen

Belinda

I ended up having Karen's speciality massage, The Chair Massage, which was fantastic and just what I needed. Karen herself is very lovely, I would recommend her to anyone. I can't wait for my next massage.

24/04/2021 Employee: Karen Freed

Karen Freed replied

It was lovely to see you again Belinda and I am glad to hear that the chair massage was beneficial. Thank you for taking the time to give a review of the treatment - it is much appreciated. See you again soon. K

Chris

Karen is always wonderful. I leave relaxed and feeling two inches taller!

16/04/2021 Employee: Karen Freed

Karen Freed replied

Thank you Chris for your review.

Rebecca

04/01/2021 Employee: Karen Freed

Karen Freed replied

Thank you BeCs.

Karen

Great massage. Karen is very intuitive and found all the areas that needed attention. I highly recommend the seated massage for neck and upper back problems as it enables the therapist to work on the muscles in a very different and beneficial way to the conventional treatment... [Show more](#)

12/12/2020Employee: Karen Freed

Karen Freed replied

Hi Karen. Thank you for your detailed review. It is very much appreciated. Looking forward to seeing you again in a few days. K

Susan

Karen tailors your treatment exactly to your needs. She is extremely professional and puts so much effort into all the procedures. She is full of excellent advice and tips, and I trust her completely. It's a pleasure every time.

07/12/2020Employee: Karen Freed

Karen Freed replied

Thank you Sue for your very valuable review - it is much appreciated. K

Catherine

Having danced, Karen is truly aware of feet! She used just the right pressure and technique to relax and also invigorate the muscles of my feet. Just wonderful!

08/11/2020Employee: Karen Freed

Karen Freed replied

Catherine, thank you for your lovely review. Yes, I do love working with feet and I am glad you found the treatment beneficial. K

Susan

02/11/2020Employee: Karen Freed

Karen Freed replied

Thank you Susan.

Creina

I enjoyed the relaxation massage and Karen was very professional and interested in understanding the whole picture before going into the massage. Will go again!

31/10/2020Employee: Karen Freed

Karen Freed replied

Thank you Creina for your review. Hope to see you again after the lockdown. K

Jayne

Excellent Covid precautions. I felt very safe. Karen's knowledge is outstanding. You are treated as an individual and she will adapt treatments to suit your needs. I can not recommend more highly

22/10/2020Employee: Karen Freed

Karen Freed replied

Lovely to see you again Jayne. Thank you so much for your very kind review.
K

Hala

Brilliant therapist.

18/10/2020Employee: Karen Freed

Karen Freed replied

Many thanks Hala. Hope to see you again soon. K

Melina

12/10/2020Employee: Karen Freed

Karen Freed replied

Thank you Melina.

Mark

The whole experience was great. Karen asked what I wanted to achieve from the treatment and she listened carefully to what I wanted. I went for the relaxing massage which was fantastic. I would definitely recommend New Day Holistic Services in Bath as a place to have a relax... [Show more](#)

12/10/2020Employee: Karen Freed

Karen Freed replied

Thank you Mark for your review. It is very much appreciated and I am glad to be of service.

Jodie

05/10/2020Employee: Karen Freed

Karen Freed replied

Thank you Jodie.

Sue

04/10/2020Employee: Karen Freed

Karen Freed replied

Thank you Sue.

Susan

Karen really listened to what I said and targeted the areas that needed most attention. She was very knowledgeable and genuinely caring and

considerate. The hot stone massage was excellent, but Karen also made sure she targeted other problem areas too. She gave me some good

... [Show more](#)

26/09/2020Employee: Karen Freed

Karen Freed replied

Great to meet you Susan and so glad I was able to help. Many thanks for your review and hope to see you again soon. K

Vidya

21/09/2020Employee: Karen Freed

Karen Freed replied

Thank you Vidya.

Jayne

20/09/2020Employee: Karen Freed

Karen Freed replied

Thank you Jayne.

Anonymous

Brilliant and effective treatment

24/08/2020Employee: Karen Freed

Karen Freed replied

Your review is much appreciated and helps potential clients decide on whether to book. Thank you for taking the time to do a review. Seated Acupressure Massage is very effective for those who spend lots of time on a computer. K

Lour

This time I did the facial it was so relaxing at the same time she explains everything she is applying on u. I loved the glowing results i got on my face

22/08/2020Employee: Karen Freed

Karen Freed replied

Thank you Lour and I hope you enjoy the Neal's Yard products you ordered from me. K

Fiona

I had a brilliant consultation and massage with Karen that has left me feeling energised and more mobile after a sports injury and covid WFH. Karen takes time to understand what issues you have with your posture and mobility, and treats you accordingly. It was relaxing as we... [Show more](#)

12/08/2020Employee: Karen Freed

Karen Freed replied

Thank you Fiona and I am looking forward to seeing you again in a month.

Lour

I had the chair massage and it was a totally different experience wow. I recommend all her massage because each time she does something else WOWWWW

09/08/2020Employee: Karen Freed

Karen Freed replied

Thank you - glad you loved my speciality massage with the stretches on the chair. K

Sue

02/08/2020Employee: Karen Freed

Karen Freed replied

Thank you Sue.

Lour

I slept during the session. It was great

01/08/2020Employee: Karen Freed

Karen Freed replied

Glad you found it sooo relaxing. Karen

Lour

28/07/2020Employee: Karen Freed

Karen Freed replied

Thank you Lour.

Helen

26/07/2020Employee: Karen Freed

Karen Freed replied

Thank you Helen.

Lour

Amazing

25/07/2020Employee: Karen Freed

Karen Freed replied

That you Lour - great to meet you the other day. Karen

Lour

She can pint point the problems

21/07/2020Employee: Karen Freed

Karen Freed replied

Thank you Lour for your review. Karen

Stephanie

Thank you Karen the experience was great !

26/02/2020Employee: Karen Freed

Karen Freed replied

Thank you Stephanie and lovely to meet you - I do hope you enjoyed your time in Bath. K

Jane

Karen was very friendly & professional & the treatment room was very cosy & relaxing. The massage was very good & I will be looking to return,

17/02/2020Employee: Karen Freed

Karen Freed replied

Lovely to meet you Jane. So glad you enjoyed the massage. Karen

Lauren

07/02/2020Employee: Karen Freed

Karen Freed replied

Thank you Lauren.

Martyn

It's a shame that I could only tick one the reasons on the previous question for liking Karen

01/02/2020Employee: Karen Freed

Karen Freed replied

Thank you Martyn

Catherine

Karen was very welcoming and performed a thorough initial assessment. I had booked a deep tissue massage online but Karen suggested an alternative and more effective treatment for my neck, shoulder and back pain. The treatment was great and my muscles are feeling much more r... [Show more](#)

23/01/2020Employee: Karen Freed

Karen Freed replied

Thank you Cath for your detailed review. Looking forward to seeing you again in a couple of weeks.

Martyn

I didn't actually have the hot stone massage because Karen deduced from the initial consultation that a chair massage would be more beneficial. And it certainly was, once you know where your strengths and weaknesses are, then you can build not only a picture of what is going... [Show more](#)

04/01/2020Employee: Karen Freed

Karen Freed replied

Many thanks Martyn for taking the time to write a detailed review and your kind words.

Chris

Karen provided me with a fantastic massage, educated me thoroughly on my bodily problems and sent me away with a range of exercises to practice to help improve those issues. She was friendly and engaging, but also relaxed, and I felt instantly as though I was in the right pl... [Show more](#)

30/12/2019Employee: Karen Freed

Karen Freed replied

It was a pleasure to meet you Chris and thank you for your kind review - glad to be of help.

Sue

22/12/2019Employee: Karen Freed

Karen Freed replied

Thank you Sue.

Helen

Really fantastic reflexologist

14/12/2019Employee: Karen Freed

Karen Freed replied

Lovely to meet you Helen and many thanks for your great review. K

Megha

Very pleasant and thorough

08/12/2019Employee: Karen Freed

Karen Freed replied

Thank you Megha for your review. K

Mark

14/11/2019Employee: Karen Freed

Karen Freed replied

Thank you Mark.

Nikki

What a wonderful two hours I just had yesterday! Calming, instructive and super effective! Am going back next week for two sessions - am super happy I have found lovely Karen.

14/11/2019Employee: Karen Freed

Karen Freed replied

Thank you Nikki - it was a real pleasure to meet you and I look forward to seeing you again next week. Karen

Sue

08/11/2019Employee: Karen Freed

Karen Freed replied

Thank you Sue.

Anonymous

Set off from Walcott street in a quirky setting the treatment room is always warm and inviting. The consultation includes nutritional advice and lifestyle advice. Karen is very well read and informed. She really cares about how you are. The treatments are bespoke and she wil... [Show more](#)

05/11/2019

Karen Freed replied

Many thanks for your kind words. Karen

Anna

Karen was very friendly and took time to understand where I was coming from and what I was after. The massage was good and dealt with a lot of issues in my legs/lower back. The only thing I'd say is allow plenty of time for the appointment - I went for a 90-minute treatment ... [Show more](#)

27/10/2019Employee: Karen Freed

Karen Freed replied

Many thanks for your review Anna and valuable feedback.

Gemma

Karen has a real in depth knowledge of the body and takes time to understand your issue and can trace back to the cause. It means you leave feeling both physically and mentally better. I can't recommend enough.

17/10/2019

Karen Freed replied

Lovely to see you again recently Gemma and thank you for your kind review. See you again soon. Karen

Steph

Karen is very knowledgeable and thorough In every treatment I've had . An in depth consultation before every treatment to make sure you get the best results . Would definitely recommend. I've had problems with neck and shoulder pain , also lower back and the acupressure wor... [Show more](#)

16/10/2019

Karen Freed replied

Many thanks for your review Steph and I am so pleased the treatments are effective for you. Karen

Sue

11/10/2019Employee: Karen Freed

Karen Freed replied

Thank you Sue.